

Inpatient Obstetric Nursing Standards of Practice and Certification Review

LEARNING OUTCOME:

Participants will be able to apply current standards of care in inpatient obstetric nursing to selected situations, in accordance with the NCC standards of care for inpatient obstetric nursing.

OBJECTIVES:

Upon completion of this workshop, participants will be able to:

- Recognize maternal disease processes, pregnancy risk factors, treatment modalities and complications that impact the maternal/fetus/newborn.
- Identify the methods used in fetal assessment surveillance interpretation.
- Discuss appropriate interventions for identified abnormal findings during maternal/fetal assessment.
- Recognize maternal/fetal responses that indicate appropriate responses to nursing interventions.
- Identify abnormal physiological changes indicating obstetrical complications in maternal and or fetal assessment.
- Discuss appropriate nursing interventions, related to course of treatment for selected obstetrical complications.
- Identify the characteristics and phases of labor.
- Describe the characteristics of uteroplacental physiology.
- Recognize psychosocial concerns that affect the laboring patient.
- Recognize the variables in the labor process that require obstetrical procedures and the effect on the maternal/fetus/newborn.
- Discuss alternatives to natural childbirth with nursing interventions and maternal/fetus/newborn implications.

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REGISTRATION INFORMATION

Where: Your NYSNA E-LeaRN account

When: **November 16 & 17, 2026**
(2-day attendance required.)
9:00 a.m. – 4:00 p.m.

Fee: **FREE NYSNA member**
\$350 non-member



SCAN ME

Registration deadline: Nov. 14, 2026

First Time User Instructions: For directions on how to create your E-LeaRN user account, please refer to: www.nysna.org/elearn-instructions.

Direct Workshop Registration: Once you have created your E-LeaRN user account, register for this program by using your smart phone camera to scan the QR code, login, then search the catalog for this course and register.

If you have already created your E-LeaRN user account, you can also register for this program by clicking on <https://www.elearnonline.net>, login, find and register for this course.

- Describe the normal physiological changes during the post-partum/newborn period.
- Describe the most common post-partum complications.
- Discuss nursing interventions to prevent/minimize complications.
- Discuss physiological changes that occur with neonatal adaptation to extrauterine life.
- Define factors that inhibit adaptation to extrauterine life.
- Discuss continuing assessments, interventions and documentation required for continuity of care.
- Discuss ethical principles and legal issues surrounding the maternal/fetal/neonatal dyad.

FACULTY:

Jillian Smith, MS, RN is a highly experienced registered nurse with over sixteen years of clinical expertise. Jillian serves as a collegiate-level nursing educator, where she teaches both didactic and clinical courses in Inpatient Obstetrics, Pharmacology, and Critical Care. Jillian excels in preparing students for real-world practice, with particular emphasis on the critical skill of clinical documentation.

Note: The instructor for this program is contracted through Quality Training Solution Corporation (QTSC).

The New York State Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program has been awarded **12.0 CHs** through the New York State Nurses Association Accredited Provider Unit.



NYSNA is accredited by the International Accreditors for Continuing Education and Training (IACET) and offers IACET CEUs for its learning events that comply with the ANSI/IACET Continuing Education and Training Standard. IACET is recognized internationally as a standard development organization and accrediting body that promotes quality of continuing education and training.

The New York State Nurses Association is authorized by IACET to offer **1.2 CEUs** for this program.



IMPORTANT:

In order to receive Contact Hours and CEUs:

- **Cameras must be turned on, and you must be present and visible throughout the Zoom workshops you attend. The use of any altered visual representation of your image is prohibited.**
- **All participants are required to:**
 - Be in attendance for the entire workshop
 - Participate in all in-class breakout rooms and group activities
 - Complete all in-session and post-session program assignments (where applicable)
 - Complete all pre- and post-test examinations
 - Complete SurveyMonkey questionnaire(s) after the workshop is complete (where applicable)
 - Complete and submit a post-program checklist (where applicable)

Declaration of Vested Interest: None

NYSNA wishes to disclose that no commercial support was received.

NYSNA Program Planners, Presenters, and Content Experts declare that they have no financial relationship with an ineligible company.

****NYSNA reserves the right to cancel this program if a sufficient number of participants are not registered, in which case if a fee was paid, the entire amount will be refunded. Make sure to check your email for confirmation of registration and the further steps you need to take to be prepared for the program and how to retrieve the handout materials before the start of the program.**

