

# Psychiatric Mental Health Nursing Standards of Practice and Certification Review

## LEARNING OUTCOME:

Participants will be able to identify current standards of Psychiatric Mental Health nursing practice and apply them to selected patient conditions.

## OBJECTIVES:

Upon completion of this workshop, participants will be able to:

- Identify principles of professional nursing practice in psychiatric mental health nursing.
- Discuss foundational concepts for Psychiatric-Mental Health nursing practice.
- Discuss diagnostic criteria and assessment tools utilized to differentiate Psychiatric Mental Health disorders across the lifespan.
- Recognize therapeutic interventions and treatment modalities in psychiatric mental health nursing.
- Identify special populations at risk for developing psychiatric mental health complications.

## FACULTY:

**JoEllen Schimmels, DNP, RN, PMHNP-BC, ANP-BC, CNE, FAAN** has been working in the field of psychiatric nursing for over 20 years. Her clinical experience covers a broad spectrum in inpatient, outpatient and educational settings. Dr. Schimmels has developed and taught psychiatric nursing since 2007 in both the clinical and lecture arenas.

*Note: The instructor for this program is contracted through Quality Training Solution Corporation (QTSC).*



## REGISTRATION INFORMATION

**When:** **March 5 & 6, 2026**  
(2-day attendance required.)  
9:00 a.m. – 4:00 p.m.

**Fee:** **FREE NYSNA member**  
\$350 non-member



**SCAN ME**

**Where:** Your NYSNA E-LeaRN online account

**Registration deadline:** **March 3, 2026**

**First Time User Instructions:** For directions on how to create your E-LeaRN user account, please refer to: [www.nysna.org/elearn-instructions](http://www.nysna.org/elearn-instructions).

**Direct Workshop Registration:** Once you have created your E-LeaRN user account, register for this program by using your smart phone camera to scan the QR code, login, then search the catalog for this course and register.

If you have already created your E-LeaRN user account, you can also register for this program by clicking on <https://www.elearnonline.net>, login, find and register for this course.

The New York State Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program has been awarded **12.0** **CHs** through the New York State Nurses Association Accredited Provider Unit.



NYSNA is accredited by the International Accreditors for Continuing Education and Training (IACET) and offers IACET CEUs for its learning events that comply with the ANSI/IACET Continuing Education and Training Standard. IACET is recognized internationally as a standard development organization and accrediting body that promotes quality of continuing education and training.

The New York State Nurses Association is authorized by IACET to offer **1.2** **CEUs** for this program.



**IMPORTANT:**  
In order to receive Contact Hours and CEUs:

- **Cameras must be turned on, and you must be present and visible at all times throughout Zoom workshops.**
- All participants are required to attend the entire workshop, complete all in-session program assignments, complete an evaluation form, complete and return a post-program SurveyMonkey® questionnaire and/or complete and return a post-program checklist, where applicable.
- You will need a personal computer and internet access to attend.

**Declaration of Vested Interest:** None

NYSNA wishes to disclose that no commercial support was received.

*NYSNA Program Planners, Presenters, and Content Experts declare that they have no financial relationship with an ineligible company.*

**\*\*NYSNA reserves the right to cancel this program if a sufficient number of participants are not registered, in which case if a fee was paid, the entire amount will be refunded.**

**Make sure to check your email for confirmation of registration and the further steps you need to take to be prepared for the program and how to retrieve the handout materials before the start of the program.**

