



Explore Beautiful Europe & Earn CE Credits!

MAY 29 – JUNE 5, 2027

 Greece, Montenegro & Italy

"Safe, Supported, and Respected: Empowering Nurses Through Legal Awareness, Communication, Civility, and Self-Care"

Participants of this program will be eligible to receive **19 CH / 1.9 IACET CEUs.**

Conference Registration Fee: \$350

PRESENTERS:

Karen Broomes-James, DNP, RN, NPD-BC, CCRN-K, SCRNP, PCCN
Rose Sona Bright Jibu, DNP, MSN, APRN, CPNP-PC, RNC-NIC

LEARNER OUTCOME:

By the end of the course, participants will be able to analyze their legal rights and institutional protections, navigate workplace policies, communicate effectively to de-escalate conflict, respond professionally to aggression, document and escalate incidents appropriately, practice self-care to prevent burnout, and foster a culture of civility, respect, and psychological safety in the workplace.

OBJECTIVES:

- Identify their legal rights, responsibilities, and institutional protections as nurses.
- Navigate workplace policies related to safety, violence, and professional conduct.
- Use emotional intelligence and effective communication to de-escalate tense situations.
- Respond confidently and professionally to disrespect, aggression, and unsafe behaviors.
- Protect themselves through accurate documentation and appropriate escalation pathways.
- Practice self-care strategies to manage stress, recover after difficult encounters, and prevent burnout.
- Foster a positive and collaborative workplace culture promoting civility, respect, and psychological safety.

PURPOSE STATEMENT:

This program empowers nurses to navigate today's complex healthcare environment with confidence and resilience. As workplace challenges — including incivility, legal exposures, and burnout — continue to rise, nurses must be equipped with the skills to advocate for themselves and their patients.

Through this enriching cruise seminar, participants will gain practical insights into their legal rights, communication strategies, conflict de-escalation, and self-care — all grounded in real-world nursing contexts. The program is designed to help nurses not only protect themselves professionally, but to thrive as leaders who model a culture of respect, safety, and collaboration.

To receive CHs/CEUs, all participants are required to attend all face-to-face sessions, complete all in-session program assignments, complete an evaluation form, and successfully complete all independent activities as instructed.

 [SEE BACK OF THIS FLYER FOR SCHEDULE & CABIN PRICES](#) 

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IN CLASS TIMES:

Day 2 – 5/30 | Pacific Theater: 8:00 AM – 12:00 PM class + 1-hour independent activity; 5 Contact Hours (0.5 CEUs)

Day 3 – 5/31 | Colony Club: 7:00 AM – 11:00 AM class + 1-hour independent activity; 5 Contact Hours (0.5 CEUs)

Day 6 – 6/3 | Pacific Theater: 8:00 AM – 12:00 PM class; 4 Contact Hours (0.4 CEUs)

Colony Club: 4:30 pm- 6:30 pm - Inter-professional networking; 2 Contact Hours (0.2 CEUs)
(Photo Session and Refreshments Provided)

Credit Breakdown – Total SAS 2027:19 CH / 1.9 CEUs

- While cruising: 16 CH (1.6 CEUs)
- Pre-cruise take-home activity: 3 CH (0.3 CEUs)

This activity must be completed prior to participants coming onboard.



SHIP: ROYAL CARIBBEAN'S BRILLIANCE OF THE SEAS

SCHEDULE: May 29 – June 5, 2027

Date	Port	Arrive	Depart
Fri, May 29	Ravenna, Italy	Board 12pm – 3:30pm	5:00 PM
Sat, May 30	Bay of Kotor, Montenegro (Cruising)	11:59 AM	8:00 PM
Sun, May 31	Cruising	—	—
Mon, June 1	Athens (Piraeus), Greece	7:00 AM	7:00 PM
Tue, June 2	Santorini, Greece	7:00 AM	9:00 PM
Wed, June 3	Cruising	—	—
Thu, June 4	Split, Croatia	9:00 AM	6:00 PM
Fri, June 5	Ravenna, Italy	5:30 AM	—

Type of Room & Category	Cabin, Meals & Port/Taxes	Total per person (dbl occ)
Inside Stateroom 4V	Included	\$1,302.05
Ocean View Stateroom 4N	Included	\$1,519.05
Ocean View Balcony 2D	Included	\$2,160.05

The New York State Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Centers Commission on Accreditation. This program has been awarded 19.0 CHs through the NYSNA Accredited Provider Unit. NYSNA is accredited by IACET and authorized to offer 1.9 CEUs for this program. NYSNA wishes to disclose that no commercial support or sponsorship was received. NYSNA program planners, presenters and content experts declare they have no financial relationship with an ineligible company. Declaration of Vested Interest: None.

